














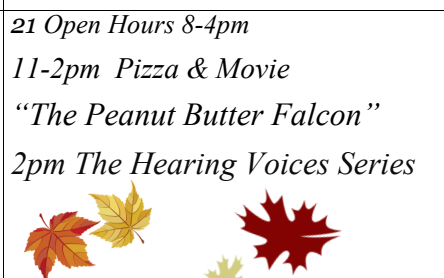



Santa Maria Recovery
 Learning Community (RLC)
 225 E. Inger Drive Suite 101 A
 (805) 928-0139



November 2019

Mon	Tue	Wed	Thu	Fri
 4 Open Hours 8-11am	 5 CLOSED	<i>If you are interested in attending any of our groups & becoming an RLC member, please contact staff for more information.</i>	 7 Open Hours 8-4pm	1 Open Hours 9:30-12pm 1-3pm Rhythm of Recovery Awards Please See Staff 
 11 Open Hours 8-4pm 9:30am Embracing Aging Computer Class 11am Open Lab Class 12pm Film Club- "The Goonies"	 12 Open Hours 9-2pm 10:30-12:30pm Food Bank -Members Only	 13 Open Hours 8-11am 9:30-11am Pancake Breakfast You Must Sign Up!	 11-1pm Thanksgiving Crafts You Must Sign Up! 2pm Hearing Voices Series	8 Open Hours 9:30-12:30pm 10:30-3pm Lunch at Splash Café & Trip to Avila Valley Barn -You Must Sign Up & Bring Money!
18 Open Hours 8-4pm 9:30am Embracing Aging Computer Class 11am Open Lab Class 12pm Film Club- "The Goonies"	 19 Open Hours 8-4pm 10:30-12:30pm Food Bank -Members Only	 20 Open Hours 8-4pm 10:30am Anxiety & Depression Support Group No Lunch Program 12pm Calendar Planning	 14 Open Hours 8-4pm 11am Walk & Coffee with Friends- You Must Sign Up & Bring \$! 2pm The Hearing Voices Series	15 Open Hours 9:30-12:30pm 11-1pm Bread of the Month Pumpkin Chai Bread You Must Sign Up! 
25 Open Hours 8-4pm 9:30am Embracing Aging Computer Class 11am Open Lab Class 12pm Film Club "Steal Magnolias"	 26 Open Hours 8-4pm 10:30-12:30pm Food Bank-Members Only 	 27 Open Hours 8-4pm 10:30am Anxiety & Depression Support Group 12pm Lunch Program-RSVP Nachos Bar & Birthday Celebrations 1pm Walking Group	 21 Open Hours 8-4pm 11-2pm Pizza & Movie "The Peanut Butter Falcon" 2pm The Hearing Voices Series	22 Open Hours 10:30-2pm 12-1:30pm Thanksgiving Luncheon You Must Sign Up! 
28 CLOSED	29 CLOSED	